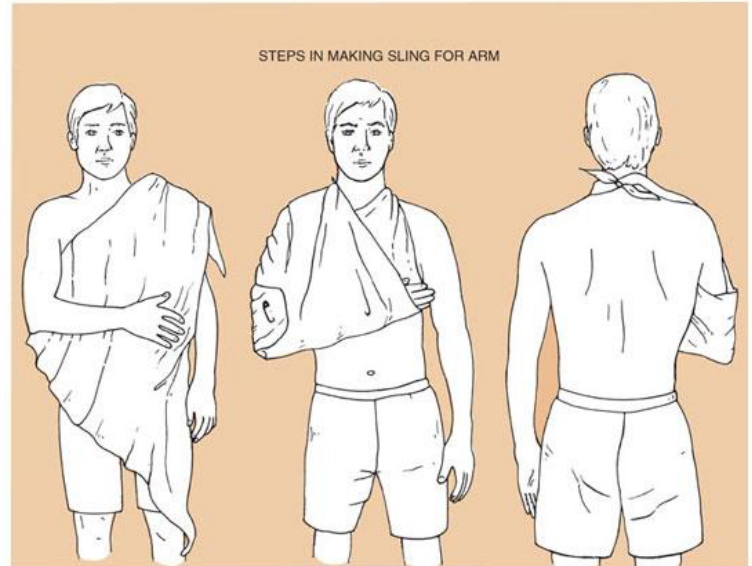


FIRST AID 9 - BANDAGES 3

ARM SLING:

- Place folded base vertically over
- One arm, with pointed directly under the elbow of injured arm
- Lower ends of base at the side of the neck using a square knot
- Make several twist with apex and tie a knot
- Hide the knot



FOREARM, ARM, LEG AND THIGH BANDAGE:

- Place centre of triangular bandage over the dressing
- Begin ascending turns with upper end and descending turns with lower end, with each turn covering two-third of preceding turn until dressing is covered.
- Terminate by tying both ends in square knot.

